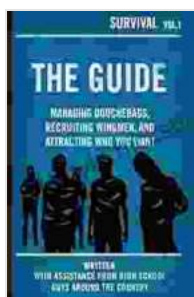


# The Ultimate Guide to Managing Douchebags, Recruiting Wingmen, and Attracting Who You Want

Do you ever feel like you're surrounded by douchebags? Like, everywhere you go, there's always that one guy who's just trying to one-up you, or that girl who's always trying to make you feel bad about yourself? It can be really frustrating, especially if you're trying to meet new people and make friends.



## The Guide: Managing Douchebags, Recruiting Wingman, and Attracting Who You Want by Rosalind Wiseman

★★★★☆ 4.2 out of 5

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But don't worry, I'm here to help. In this article, I'm going to share with you my ultimate guide to managing douchebags, recruiting wingmen, and attracting the people you want into your life.

## How to Manage Douchebags

The first step to dealing with douchebags is to learn how to identify them. Here are a few telltale signs:

- They're always trying to one-up you.
- They're always trying to make you feel bad about yourself.
- They're always trying to get something from you.
- They're always trying to control the conversation.
- They're always trying to put you down.

Once you've identified a douchebag, the best thing to do is to just avoid them. If you can't avoid them, then try to limit your interactions with them as much as possible. And whatever you do, don't let them get to you. Remember, they're just trying to get a reaction out of you. Don't give them the satisfaction.

## **How to Recruit Wingmen**

Wingmen are your friends who help you meet new people and get laid. They're the ones who will wingman for you at a bar, or who will introduce you to their friends. If you want to attract more people into your life, then you need to start recruiting wingmen.

The best way to recruit wingmen is to be a good friend to them. Be someone who they can count on, and who is always there for them. Be someone who is fun to be around, and who is always up for a good time. And most importantly, be someone who is respectful of women.

Once you've recruited a few wingmen, make sure to show them your appreciation. Buy them drinks, give them gifts, and do things for them. The

more you show them that you appreciate them, the more likely they are to stick around.

## **How to Attract Who You Want**

Now that you know how to manage douchebags and recruit wingmen, it's time to start attracting the people you want into your life. Here are a few tips:

- Be yourself.
- Be confident.
- Be positive.
- Be open to new experiences.
- Be kind to others.

When you're being yourself, people will be more likely to see the real you. And when they see the real you, they'll be more likely to be attracted to you. So don't try to be someone you're not. Just be yourself, and the right people will find you.

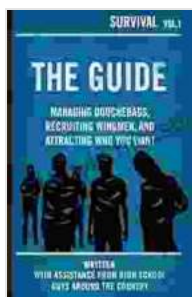
Confidence is key. When you're confident, people will be more likely to be attracted to you. So stand up straight, make eye contact, and speak clearly. And don't be afraid to take risks. The more confident you are, the more attractive you'll be.

Positive people are always more attractive than negative people. So if you want to attract more people into your life, start by being more positive. Smile more, laugh more, and be more optimistic. The more positive you are, the more attractive you'll be.

Openness to new experiences is another important quality that attractive people have. When you're open to new experiences, you're more likely to meet new people and make new friends. So get out of your comfort zone and try new things. The more open you are to new experiences, the more attractive you'll be.

Finally, kindness is one of the most important qualities that attractive people have. When you're kind to others, people will be more likely to be attracted to you. So be kind to everyone you meet, regardless of who they are. The more kind you are, the more attractive you'll be.

I hope this article has helped you to learn how to manage douchebags, recruit wingmen, and attract the people you want into your life. Just remember, the most important thing is to be yourself. When you're being yourself, people will be more likely to see the real you. And when they see the real you, they'll be more likely to be attracted to you.



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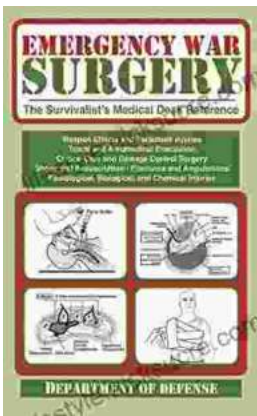
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