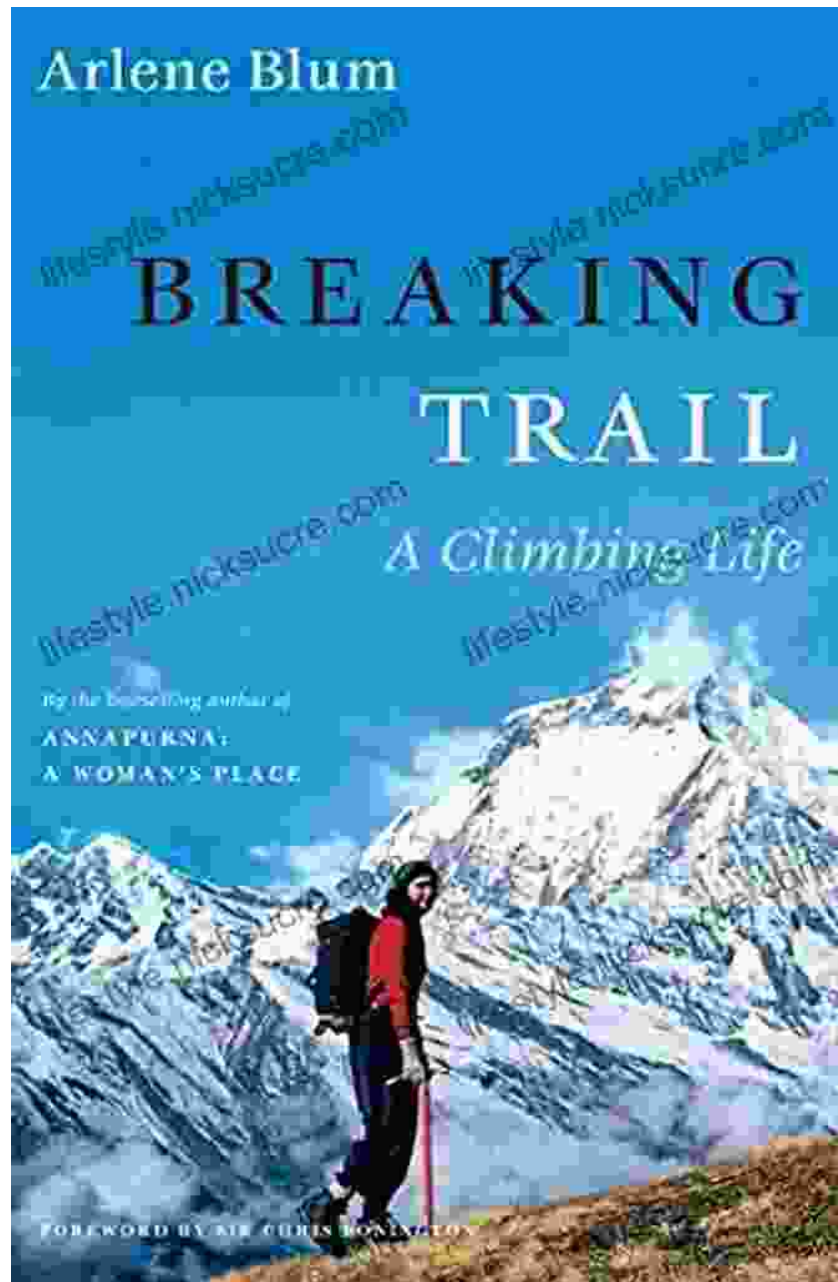
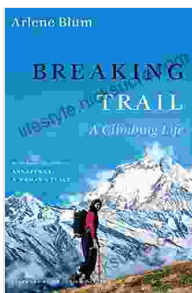


# Breaking Trail: The Transformative Power of Climbing Life by Lisa Drew | Hardcover



Lisa Drew's *Breaking Trail* is a beautifully written and deeply personal memoir about her life as a climber, from her early days learning the ropes to her ascents of some of the most challenging routes in the world. Along

the way, she explores the transformative power of climbing, how it has helped her overcome challenges, and how it has shaped her perspective on life. This book is a must-read for anyone who loves climbing, or who is looking for a story of inspiration and resilience.



## Breaking Trail: A Climbing Life (Lisa Drew Books (Hardcover)) by Arlene Blum

★★★★☆ 4.6 out of 5

Language	: English
File size	: 2408 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 400 pages



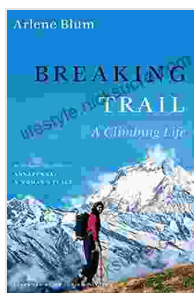
Drew begins her story with her early experiences climbing in the Shawangunks in New York. She describes the sense of freedom and empowerment she felt when she first started climbing, and how it helped her to overcome her shyness and insecurity. As she progressed in her climbing career, she faced new challenges, including injuries, setbacks, and the pressure to succeed. But through it all, she learned the importance of perseverance, resilience, and self-belief.

In *Breaking Trail*, Drew also writes about the role that climbing has played in her personal life. She describes how it has helped her to build relationships, find her place in the world, and to learn to appreciate the beauty of the natural world. She also writes about the challenges of being a

woman in a male-dominated sport, and how she has worked to overcome sexism and discrimination.

Breaking Trail is a beautifully written and inspiring memoir that will resonate with anyone who has ever faced challenges in their life. Drew's story is a reminder that anything is possible if you have the determination and the courage to pursue your dreams.

Copyright © 2023 Breaking Trail: The Transformative Power of Climbing Life by Lisa Drew | Hardcover



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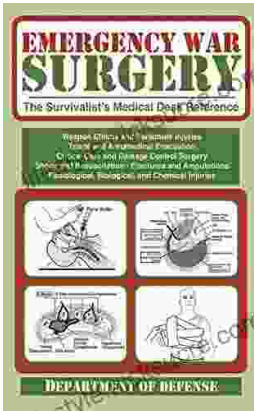
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